



Women on the GROW

May 10, 2009

Featuring Lolita Toney



By Communications Assistant Kellie Marks

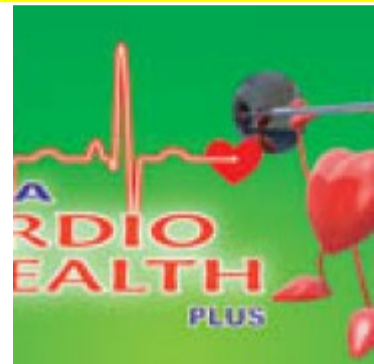
Lolita is ready to get her golf game in full swing! She states that she wants to get more involved in the game and be more of a participant than golf cart driver.

A teacher at heart, Toney is bursting with useful advice and insight, and has superior expertise in the business field. Toney, a native Tennessean is the CEO and Founder of Ivy Recruiting and Consulting, which simply matches the right person to the right position. Toney states, "To run a successful business, one must come with a unique perspective and have a strategic vision about that business." Toney also teaches upper level business management courses at Tennessee

State University. The multifaceted business woman, finds joy in being a loving wife and mother to her three teenagers. One of her greatest life accomplishments is sharing in the success of her kids, acting as their support system and number one Cheerleader.

Previously, Lolita served in the U.S. Army for 17 years, traveling all around the U.S. and that her experience in the Army promoted positive leadership skills and discipline at a formable age. Toney graduated from Trevecca Nazarene University, earning a bachelor of arts in Business Administration and obtaining a master's degree in Organizational Management. Toney is the President of the Greater Nashville Chapter of the National Black MBA Association, a member of the United Way of Middle Tennessee, and a member of Alpha Kappa Alpha Sorority Incorporated. Undoubtedly, Lolita is blessed beyond measure. She acknowledges the expression "To whom much is given much is required," and uses that phrase as a memento to always remember that her journey was not traveled alone, and to reciprocate the kindness that was shown to her to others at all times.

Give the Gift of Life



Friday, May 15, 2009

Galilee M.B. Church
2021 Herman St.
3:00pm-7:00pm

Saturday, May 16, 2009

Opry Mills Mall
10:00am-4:00pm

Meet the Owner/Founder of the "Mega Cardio Health Plus"

The FDA approved Digital Pulsewave Analyzer will be hitting Nashville, TN. This non invasive, no blood, no pain can tell you about:

- Heart Rate & Hydration Level
- Arterial Flexibility & Dilation
- Grades Vascular System (A to G)
- Assigns a Biological Age to Arteries
- Your Overall Cardiovascular Health

Cost: \$30

The screening only takes 3 minutes.

Growing Golfers One Stroke at a Time!

A Message from Founding President Tracy Painter, GROW



"Happy Mother's Day Ladies!"

While Women on the GROW is typically published weekly during the business week, I found it very appropriate to publish it today on Mother's Day. I want to extend a personal greeting on this day to all of the Moms, Grandmoms, Godmoms, etc. And even if you're not yet a mom, I realize and hope that you do too, that your maternal instincts have been activated at one point or another. They've been activated when you motivate someone's abilities, mentor an apprentice's skill set, or just simply have a listening ear for a friend!

Two weeks, www.letsgrowgolf.com was launched. Please log into this site and join the GROW group. LGG is the streamlined resource for communicating with GROW vs. email blasts through hotmail. You'll also be able to connect with other golfers, local and non-locals. And an added feature is a link on www.letsgrowgolf.com that takes you directly to the GROW webpage, where you can also find a calendar of the clinics.

For questions or comments or to add or be removed from the mail list info@growtoday.com
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